

- The Founder
- Why SRKANM
- What is SRKANM
- Healing Camps
- Testimonials
- Book Section
- News Views & Reviews

- ☪ **gruArj n dy j I dl ShldI bryshI j wkwrl**
- ☪ **gruhir ikSn swbh j I dyj qI j iq smvax dwshI vyvw**
- ☪ **gruqg bhwr j I dl grgdI sM x sMM, shI j wkwrl**

nK bM

gruswhbnWbryiksyieiqhsvkr nyKj krky swryqQ iekTykrky
 srb pwinq qrIkynw nhINCvpy SbxI grdArwkmYI, SR AMRsr
 dyieiqhws rlsrc kmYI nMeh kwj krnwchldwsI[dws nykdy
 ieiqhws piVAwnhINAqynwhI Kj krn dwpqwhY pr gruswhbnW
 brygl q kQwWsxkymn bhq byh hoj wllwsI, AqygruswhbnWbry
 Avn kQwWnMmMx nMnn nhINSI mMdwl ApxyAvp nMbyS hl pvanlw
 sl[siqgrWny Avp hl ikpwklql qWisK ieiqhws piVAw dS Aqy
 pM dygdwr mhMd l qIP dIAwil KxIAWpVHAW mn nMbhq dK phMAw
 ikatlk j oil iKAwsl, ah srwsr JT, gl q ibAvnl sl[iesyl el,
 siqgrWAgyArdws krdyAwrhyhW ik mhwyj iehnWil KqWdwKrw
 Kj ikqbWivcNimt vva ivc, swMSPl qwbKSx, iesyhl Kj dw
 PwedwhieAw ik gruArj n swbh j I dl ShldI dwivrqWj, j oshI
 sl Aqymn nMpvHyTM pM sl, imil Aw[iesyqrWhl sR gruhir ikSn
 j I dyj qI j q smvax dwkvrx slql wnhINSI, brysbq imil Aw[gru
 qg bhwr swbh j I nMgrgdI ikvWAqyikQy bryshI j wkwrl iml I [
 myI bynl hYik hx Aij hwvrvwhI AsINAvpxIAWDwrimk ikqbWivc
 CvpIey AqyskI Wkwil j WdypDr qyphvax dl kSS krIey[mhmPqw
 hY hr gruGr dyhr SrDwvn isK, mvel-Bvel dl vl iehoidl I KvhS
 hvgl [

isK pM dwinnmwSyk

fwbl vM isM

gruArj n dy j I dl ShldI dwswkw

Aij hwivvrX sXky, pVkySrDwl Udwmn fD dwAqySrDwGtdI hY kQwvwick, msw y
 lwl wkybD dyhn, j obD nWqWgrbwl Answr hl shI hlyhn AqynwhI ivigAvn dl prK ivc shI
 smJyj wskdyhn[soAij hwvrvw Aj kl Hdybcy- j osvI pIVHqNizAwdwivvkSII hn
 Aqyhr GtnwizAwdwACI qrWsmJx dykwbl hn - sXky ibl kl SrDwln hoskdyhn Aqy
 isKI dymvrg qNiQVk skdyhn, j WiPr isKI sMM, svKIAWshI nhI mM skdy grbwl
 dwshI ArQ smJx l el, grAWsMM svKIAWdwj vnxwj rBl hY gruArj n dy j I nMkvY

Shld klqwigAw ies GtnwbryvrvwipMpl siqblr isM dl il KI ikqb 'prqKhhir'
Aqyfw: swhb isM j I dl ikqb 'gr ieiqhvs pwqShl 2-9' ivc, il iKAwvrvwiekoij hw
hY AqyiehovrvwvkwQwvwick Awm ibAwm krdyhn :

iehnWdyil Kx Answr, gruArj n dy j I nMpl idn qslhyidqygey qslhyqyShldl : (fw swhb isM)

cMUny gruArj n swhb nMsvdyabl dypwI dl dg ivc ibTweAw Agl yidn ahnWdyngyipMyqysVdl sVdl qql rypwAveI
gel[iPr ahnWnM h aqyibTkyhTWAq dwBwV mcwieAwigAw siqgrUj I dwsrvwipMwiehnWqslhAWnw CwnxI CwnxI ho
igAw rm rm ivc l hUj wI sI[ies hw q ivc ahnWnM Yj kyrwI dyTMyppwI ivc ibTwidqwigAw j dNAvp j I dl j iq ies
Asw srIr nMcf kyrbl j q ivc j wrl I qWAvp dysrIr nMfwI ivc hl rVhidqwigAw as idn elsvl 1606, 30 mel dl qrIK
sI[

ipMpl siqblr isM Answr (skp ivc)

pihl W bwr j T hWHDl qpl ry ivc ibTl wqslhyidqygey gruArj n dy j I nMabl dypwI dl dg ivc ibTweAwigAwPr qqy
qvyqyibTweAwigAw grm rypwJh sysrIr aqypweAwigAw hx swI dY hl Pl hWnw Br gel["pryPl hysgri dYl" ies
qrWpM idn qslhyidqy Wyrhy CyYidn Bw 30 mel, 1606 el. nMhr qslhydx l el, rwl dyqt qyl YgeyAqygrUArj n j I nM
dirAwivc rVIAwigAw

pVcb :

j yAvpW Awm iensv dl qrWdKleyqWqslhAWdwAsr ikhoij hwhoskdwhY Avaues ivSybryj wkwrl hwsI krley pihl y
qW:- keI BI Avdml, ij s nMAq dl grml ivc grm l h qy ibTveley j Wqql rypwsrIr qypveley j WiPr abl dl dg ivc
ibTveley iehnWivcNiksyBI iek qrIkynw keI BI Avdml 10-15 imMwivc hl mr j wgw ikaik sOPIsdl svx l el, kU imM hl
kwPI hn[iek Gmwj Wswrl idhwI keI BI iensv ij aMwnhl rih skdw[hWj yiksydygl mMx ivc nhINAvamI, qWiPr ieh
qzrbwbMyqyqWnhl klqwj wskdw iksyqkVjy wvr nMBwYjSy l Yl au ij aMlynMabl dypwI ivc pMwimM hl rKo mQ qW
bhq j l dl hoj wgl [dBrwpK hYPl hypky:- Pl hYAvdml dysrIr qyqd pMlyhn, j d grml j Wsk QVHpyyAqyQVH dy l el
pvy[QVHsk nw cmVI dl aprl I sqh hl sVdl hY pHI cmVI nhl sVdl[cmVI nMabw yj wx nw Cw ynhINpMly sgncmVI
swI dl swI sKq hoj wgl, sk l gx nw pwl Gt j wdWhY bwrI IAWKE dIAWnw IAWbM hoj WIAWWhn, AqyiksyBI ihsb
nw, abw ygeybmYivcNKU nhINisM skdw[keI BI swem piVAwbMw BwYsrDw UBI hoy ies iviQAWNshl nhINmM skdw
[ah khgw ieh sB khwIAWbxveIAWgeIAWWhn, ij hnWdwkeI BI AvDw nhINnZr AvamI

gr kwbcnubsyj IA nw y] j il nhl fby
qskrunhl l yYBwh n swkYj w y] (pMwö-ù)

j yAsINgrbwI dl tk l MyhW qWswrIAWswKIAWshI swbq klqIAWj WskdIAWWhn[QVHbDI vw w zrft khgw gruswhbWny
kdykrwq nhINidKvey[pr krwq srbq dyBl yAqykil Aw l el keI vwr idKveyhn [kOYrITyimTykrnw qpdwkvWhAwTmW
krnw bwbAtl rwie dwAkwl cl wv pmq dwmieAwmMwizMwklqw grUhir rwie swhb ny[grUgobM isM j I nyDVWnM
isrWnw j oVAw[byAM SkqIAWqWgruswhbWdIAWWhr vkq crn prsdIAWsn[dmIAWnMdsx dl l v BI sI, sc nMswVAw
BKwieAwj Wj l wieAwnhInj wskdw mhwy nyAvpxl ieCwAnswr srIr iqAwigAwsI[cMU qslhydydykhw igAwsI, grU
swhb j I Afb, sdwM AvsQwivc sn[j yieh nhINsI, qWpM idn qWaij hyqslhyJl x vwsykeI BI ij aMwnhInrih skdw
[kQWvckWnMeh iDAw ivc rKx dl l v hY grUswhb, Avp hl grU bcnuAQvw grbwI Avp hl sn, iPr j l ikvYfb
skdwsI AqyAgnl ikvYj w skdl sI[Agnl SMq hogel sI[ies qrWsc ij iqAwsI AqyJT hwrAwsI[

grUswhb j I nMfwI ivc rVHdxw:

ieh ibl kl gl q kQnl hYAqyies qrWkihXWj WmMxwqWSrDwhlnqwdI inSwnl hY ies qrWqWrVHskdyho by's, l wcr Avdml
nM grUswhb qWaij q sn[srb kl wsmn, ahnWnMk rVHskdwsI? mywmn kdyBI ieh mMx nMqAwr nhINhMwsI[Skr
hY iesyBwnWdl qrPdwrI klqI hY fw: Bvel vlr isM j I nyAvpxl psqk 'grUcmqkw' - pMwI XmIvrstI vl nCvpl gel psqk
ivc

bYrhy Abò Afò [
siqgr mihmWmhWAqò [
dwAj r j rn dl AD j nwl[
iesykSt qynhInidKwl[
ieMr Avid j iqk sr swry[
cikq icq gr cil q inhry[rvg ô, AMUóp

pM idvs blqyies BwqI [
del sj wie Agin sm qvqI]

hx gruj I nyAvpxykSt dwqAWqòrwl ivc ieSnwn dl Kih Hmgl [ieh Kih HahnWnyidqI ik nhwkykù TMyhkySwied mM j wx
qykù peyGvauhò drd krngyqWAvpyszwièk hò hogel, as drd hYTWJk j wgy soAvp j I cMudyGrò rwl dyCòyvhycy
Avey j oqdòikl ydypvs vr vihmWsl qyhk kù dè vihmWhY Avp dynwl pM isKWnMj okù sn, Awax dl AwigAwiml gel sl
[ds isphl pihrylvr nw Aveysn[ieQNAvp ndl iknwryaQyAvey ij Qyik hx fhrswihb gròdArwhY[ieh pM Avp nybhq
hl h0I-h0I turkyPl thAwnw BrysrIr nMckl msWmkwAw prwksyk, j opMwivcòsl, qrn ivc AvsrwdydwigAw[pr
kvl smk isM dsdyhn : kSt hx Asih sl, isvwAvp j SyswIAWivc j VyXgl ibn kèl nhl sINJI skdw
cq kl ibq ek rs qsy inj wdmwimh pfb j sy
qn plrWqyifgl n sel[myuihl wie n ij m nr j sykèl] ò]
snYsnYrwl kyqlr[plmcyCKonIr bf slr]
kr pMj qymk AribM [krXopKwin Dir mkM] òò]
ibM crykir mK isql wq mhWafnqwj oqppwq
gih pd pdm l Mwh pKwry pPvSyj l mih mJm Dwy òò]
vihr inkis pt Sèk il XohY dh ACwdin pmh ikXohY
j puj I pwl kriq ar pMw j oisKin Twniq Cjw òò]
pnupMhuisK klin Snwy gr bwl kopwl bKwv
KryBeysiqgruprivwv [j pji I pwl smXoinrDwv òò]
Bg pwe kir sls invwq pm isKin sin bk Al wXw
Ab hm cih prl k ipAwwicq ij m chq skl hm Tvw òò] rvg ô AMU-

ArQ : 1. AvqmAwvM, 2 Bw ibqI, 3. smy prbq, 4.TMw 5. hQ kvj wnwMk kvl , 6. DqW 7. bVI grml nw j oqipAwhieAwsI
[9. crn kml , 10. SrIr Fk igAw 11. siqgrUj I dyAvl ydAvl yGrywpky [12. isKWnw [13. icq ivc j okrnwcvhAwsI, sokr
il AwhY 14. Aql Skql dyhmAWBI [15. kSt shvirAwpr mn qynhInil Awv [

Bw : icq iek rs prmwnM ivc ivl In[qn dl pIVwdwkel Asr nhInSI[ahnWdwivSvvs iek smy prbq dl qrWsl, ij s
nMkel ihl wnhl skdwsI[sihj ysihj y AMd ivc, rwl dyTMyppwl iknwryphMv pivqr mK nw cUyklqy pivqr mK iBAnk
Agnl nw grm hoskdwsI[iPr crn DoyAqyiPr j l ivc ieSnwn klqw bwr inkl kykpVwl Yil AwAqysrIr Fk il Aw
[bhq pM nw j pji I swihb dwpwl klqw j oisKWnyppM nw sixAwax qòbwAd pMwisKWnyieSnwn klqw AqygrbwI dwpwl
klqw swryisK grUj I inkt Kvyhogy j pji I dwpwl sixAw Bg pvkysvirAwnySls invwAw iesqòbwAd gruj I nyieh
PrmwAw hx AsINprl k j wwhY ij vjppSr dwhkm sl, ahosB kù hieAwhY grUsvihb j I dwsrIr iqAvxw kèl kStmel
nhInSI[sgòArvm nw j pji I dypwl krn dybwAd hl Avpxl mrzl Ansvr hl sl[ieQykvI j I Py il Kdyhn:

ien sm Dirj mWh j g mih Apr ibcrIAih kwH
Aj r j rin kl Avid idKwl [ACiq Skiq Aiq dK Aiq pwl] ó-]
nih sMl p irdymih kInwdKI khukirbysK hInw] ñò]
ien kl apmwienhMbnY shI sj wie n Avnl mnY] óø] rvg ô AMUó-

Bw: Py Avp l y gey cwrwapr l kymnosK Avsn hogeyqAvpxl pivqr Avqmwl YkyAvpxl Aish shx vvl I pwn dhI nM
Cv kyAkw prK dl crx-Srx phM gef kvl smk isM il Kdyhn Avp aQyphMv
"srb l k qyAhYj uatf "

AMm smkw, grUArj n dy j I :-

iml sMq bPwn bnwAw
AMf Bj n siqgrUgm gwAw [
iesnvn krwAw inrml qn idAw [
pihrveyvsqUpwn iqh kw [
AfwqI ndI pr il Awef
cMn icqwpr Am rKwef
pwn dh krwisskw [
qIn l k BieAwj Yj Ykw] ôó
mihmwprKwS swKI ñóó

mihmwprKwS vwrqk j oasqñvI prwkwgM hYies qrWil KdwhY:-

dIn dieAwI prm grUj gq adwrix Apnl
ieCwisañApnyAibnwl pd mMI In Bey
j qI j q smwKI [srbq sMq nystlr
ibbw bnwAw kr prm pivqr srIr ko
l kr sskw kIAw klrqn Bj n hAwAwI pMwùô il KqI

ies qrWpvp kM igAw pvpI pCwygey ies qñvD kl qslhwhoskdwhP qslhyhr gef j gdi j iq nMkel bUwnwsikAwI sgn
isK sMqWivc pvpI nMhrwax dl zrAiq pñwheI[ifgl fô I kñ nM Iax dl j wê isKwêI, Awpxl ieCwAnswr srIr iqAwigAw
[kô rVHskdwsI? ieh sB isK ivrDI DwnwAsWApxwl el AqyiesdwhI pBwr krDyAwrhyhW[zrwsM o il Kx j Wbô x qñ
pihl ñpñI Kô kroAqyiPr hl il KoI

gruhir ikBn swhb j I dwj qI j iq smvaxw

kQwvick Aqyvrqkw, Awpxl swI ividAw gruhir ikBn swhb j I dyj qI j iq smvax dyivrqwh
smvax qyl gwidMynh[Swed ikysiPl ml sIn nMI iPl mkwr, iemWdrdnk, KPNk, qrsXg idS, nw
il K skx j Wbxwskx, ij Mñzr ieh Bvel l k, sawkbyxwadyhn[ij vñ bvl k amr ivc slql wBl
j l di hml wkr idMI hY swrsrIr qdwyabr Awey bñSI vvl I hw q hogeI[sMqWnypiCAwik Agñ
grgdI iksnMdyI hY qWmsWiehohl inkil Awik "bwobkwI j [ies qñbAd iek dm hl svws iqAwg
idqy ikañk srIr bhq hl inrbl hoigAwsI[fw: swhb isM vl ipCynhInhn, il Kdyhn:
"iek idn grUhir ikBn swhb nMI bVyzr dwbKwr hoigAwI" siqgrUj I dysrIr aqyBI cøk dyl Cx
idsx l g pey iesqñpihl yil iKAwhY" ahnWdl Awpxl amr Aj ypxyAT sw WqñGt hl sl[ies amry
cøk af kypñI hY

cøk hxl, mn nMdnhInSI [

sç pñ qWnywmn ieh mMx nMqAw hl nhInSI, ik bvl wprqm, bvl wpr, AKvax vvl y "sP hir
ikBn iDAveIAY ij suifTYsiB dK j wê," Answr ij hnWdydrSn ieqnydrI B, ik ij hnWnMdrSn nslb
hñy ahnWdysrydK l Q j Wly[dK qWhr iensvn nMñwhY kEI Awp blmw qyiksydwpBwr blmw, kM
nwpñ hñw hr kM ivc nkwml, Gr ivc bjeqPwI JgVy swrypsydSmxWhQñhr hxl, kIqykrmWdl
szwAqyiksynMpsr nMml x dl Khwies Awd [ij hnWnMI iksvI grz Kwqr grUshb dysnmK hç
dwsBvg pñq hñw sB kç pwl ñy[çWfWIAWdl mç bdl j WñI [iKn ivc pvp Dqyj Wly[Aij hygr
plr nMslql whoj wy mn ibl kl nhInMdwSI[

cøk hEI hl nhInSI – swbq krnw:-

fWktrI pK qñvI swbq kr skdyhW ik slql whel hl nhInSI [slql wdIAWivvSqeIAWievñhn :-
ñ) bhq qkVI Cñ di ibmvrI, kEI vl iesdypBw qñbcdwnhInHY[
ò) bicAWqyizAwdwiBAnk Asr krDI hY ikañk bicAWAMr blmwIAWiKl wP l Vn dl qwkq Gt hñI
hY[
ó)ij hnWnMblmwI dyj rvsIm iml dy ahnWivcñbhicAWnMdsWbwWidnWdyAMr blmwI Awj wñI [ku
Aij hyBI hñy ij nWnMblmwI dyj rvsIm qWiml dy pr ibmvrI nwhñI, sgnahnWAMr Aij hl blmwI dy
iKl wP rs pñwhñy ij hnWrsWrñInahnWnMswrI amr ivc BI blmwI kdynwAvañI [
ô)blmwI dyj rvsIm iml x qñdsWbwWidnWbwAd, KM, zkvm, qj bKwr hñw QvYidnWivc cmVI qy
swrsrIr aqyppwl vvl yCwl ypYj Wly[ieh Cwl AWdyArvm Avax bwAd srIr qdyg pYj Wly AKWvl
AMIAWhoj WIAW mQ Avax nMds – bwWidn hr l g skdy[pihlyhl idn mQ nhInhñI, j yidmvg ivc
BI sizS Awj wy qWvl iek dm mQ nhInAvañI[grUhir ikBn swhb j I j qI j iq smvax
qñI j WdomhInyphl yidl I geysn, ahnWnygl IAWmñil AWivc j wkyhzrWrgIAWdyrg dñ kIqyAqy
sKVyrgI BI hl hr rç drSnWnMAvadyhçgy[j yAw j I nMpihl yds –bwWidnWivc slql Whel nhIn

qWiPr fvktrI ihswb nwl swrI amr siql whohl nhINskdI sI[fvktrI pK qNB I Avp j I nMslql whx
dswsvl BI pWnhnINhMw [DMvvd krdyhWipBlpl siqblr isM j I dwij hnWnyKj Brpt 'ASTm
bl blrW j Ivnl grUhir ikEn j I di ikqvb CvpI, hr gl spSt hogel, AqygrUqg bhvdr swhb nM
grgdI dl rsm dl ikAwbwyBI shl j wkwrl iml I hY[hX AvpW isrP vvr rwmkl I pvqSwlI dsvINDI
òòvINpaWI dySbd hl pVley ies blmvrI dyrwz dwpqwl g j wgw [

hir ikEn BXoASTm bl blrW [
ij nI phM dhl I qij E srIrw [
bw rþ DirE svWg rcwie [
qb sihj yqn koCuf isDwie [
ieaumgl n sIs prI bhucrw [
vYKul piq sophMydrbw [
Agyieh bwl rcwieE [
iqn Apnwkl SB nws krwieE [
ieauThik migl Wisr JwI [
qn hie pvpI vhnurk isDwI [
ieaWkir hYgrdws pkrw [
hysiqgrUmih I huabw [(òò)

ies dwmtw-mw mql b ieh hYik " ATvNstBlr grUhir ikEn j I dyzhf hX nwl iek hX grUkQk
svhmxyAwAw anWidl I j wkysIs idqw ieh ikxyblmvrI dwhl wnhINsgNAvp hl sihj ysihj ysrlr
Cfx dwirxwsl [Awkrn dl lV ies l el pel ik AMzþ nyiek & j U JgVwKVwkr idqwsI
[JgVwsI ik grUj I j WdrSn dx j Wkrmwq idKvax [grUipqwdwhkm s, I drSn nhINdyAqygrU
Gr krmwq idKvax dyivrD hY[Avp j I dysrlr qj x nwl mgl Wisr, bVI sAvh pel[l kINKihx l g
peyik AMzþ ny grUGr nwl mQwl gwky cWnhINkIqw [bVyiQKynqIj yinkl y[mgl WnM kINmwI
njr nwl dKx l g pey[mgl Wdl sl qnq hl qbwh hogel [hX qWhe AMzþ dwvl AgwKrw
hieAw dst dzK dl Ag ivc ipAw [j d iPr Avp idl I pnyqWj qI j oq dl Ky hl rcl sI ['svWg KyI
srpir mg geý grUj I nyj qI j oq smvax dwPBl wkr il Aw [bcn ieh khy

hmrwqrkn somy n hey [
j ohir Bwyhwysie [ñú÷ [
pW idvs iem blqq BieAw [
qb mvqwj I kosiqgrukihAw [
Ab hm prm Dwm koj wM [
qn qj j qI j q smwM [ñó [

j d mvqwj I nM qI j oq smvax dybcn AwKyqWmwqj I nygrUshb nMeh PBl wrkx l el hQ j W ky
bynl klql [grUj I nyDirj dlyPrmwAw: "mvqwj I, ieh sB ivDvqwdyil KyAnswr hoirhwhY grU
nwk dl gdl nMkeI Kwiek ihl wnhINskdw [ieh scl hY idW rhgl AqysdwsK vWdl rhgl ["

Abcl nlv hYgr kyI [
rhYsdwiFf sKd bfYI [

smqWnMpdS :-

gr gvdI Avcl j g mwhI [
vDih pQvp imtih ikm nwhI [

srIrWdymy QW -icryhl hn [kyl gr apdS kmvax dl lV hY[gr apdS kmwieAWmn bWcQ Pl
iml dyhn [ieh kdynWh BlxWik sB dwgrU gM swhb hY[j ogrUdrSn krnwl cdwhY ah SrDwqy
inMqwnwl grUgM swhb dydrSn krysb pvp ivnws hoj wgyI

grUgM swhb siB kyw [
j ohmrycih drSn hyw [
j oSrDwDir hyin krY [
pvpn gn k0qq iCn hrY] ò÷ [

grUhir ikEn j I dybcn ibl vs AqyAgypM iks dyl V l gwcl yho hkm kro Awd smqWdl Arj eI dl
smicI swKI nMbeI sywds j I nyAvpxIAWprcIAWivc ies qrWil iKAwhY

iPr sMgq Ardws kInI
j oScypwqSvh, qMgRuhih
krx kwx qysrir qrwbl k hY
qmhuJ gq kwqmvSwkCunhINdjKAw [
dieAwkrkysrIr kaNrwKIAYAr j gq
qmvSwdKIAYqysMgq kauBI aDwRIAY[

hkm hAw: sMgq j I [j hwhm
j wnwYqhwprM ibl wS hY
Ar bVwrM hY[
j gq kwqmvSwas kyqI ukCubsqunhIN[

iPr hkm hAw: pWc pSyAr nwrIey il Awuhuj osMgq kauPyr grUj I kwAWcl pkVweIAY[
qWisKWnybcn pwe
pWc pSynwreY AwxAw
qb grUj I AvpxysnmK rKwie [
rKwie kr mwQtjKAw [
iPr bcn arwIAw:
j obwbwbkwl y
qWiPr sMgq piCAw:
j oScypwqSvh grUj I kwnvm BI kih dIj IAY[

hkm hAw: grUCnw(gUw) nhINrhgw [
sMgq di rcl qWbwqWkrxykl bhqI si pr sMgq kl Eir djK kr bwbymU kInI [ArQ ieh j ocp kr
j whu[qWswMgq djKAw j obwqWkrxykl grUj I kl rcl nhINsMgq cp kir gel [ij s smYgruj I nyhkm
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iDAw ivc prkrmwkrkM klqw:

bwbwsih ij gm bkw y[
bn gr, sMgq skl smw y[

j d ikxyivcNnwdpwCAWqWAvp j I nyieqnwhI ikhw: grdy kdyCpdyhIN ah stj sm sB nM
idKweI dygy ah ipQvl sm Dirj vl y stj vWg prapkwrl, cMrmwsm TMij gr vl yhxgy[j h ml
ryj nMhpExgyasdySpur pM di svj xwkrngy zhm di j Vhl akY dygy[hr, on mrc noo nM
j qI j q smvax qnu idn pihl WqWgrUqg bhwr j I idl I sn [Avp j I nMgRuhir ikBn j I nysB
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hr, swzSWnkwm rhIAWj qI j q smvax qnpihl y grUj I di apmwsrI idl I ivc PY gel [ASwgrU
nrnk dyqKq qybTwhY j obwqWkrxykl, bprw AOMzj di ibl kl prw nhINkrdw[bMl wshb hr vj y
BIV bxl rihM [" BrI BIV siqgr dvry [kel ismrn, sK, sq, Dn Dm di j wcnwkrdy sB dIAW
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mNkyl dKx di hl cw [
hr nhINku AwKn smIn kl mn mih rwh [oo[

drgh ml nyiPr hkm sAwAwik grUj I kEl gl nhINsxdy[ies qrWADI GVI A0MzP bhr bhyyqy
KVwrihAw[

“j Awb sAw ivc drgh ml pieAw”
ADI GVI bhyyqy
AarMwKVwrihAw
A0MzP ieh hl AwKI j weyik
"myhYcvh dldw
mMAvp cl AweAwhW
PkIr drbr["] oô]

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gr gdl grUqg bhvdr j I

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j obwbwYwsl wmq hvzr [
ivc bkw yij s dwdrbwr sB cl krIeyaQyj bwr] ou] bMwI nvm, crnnww

Bvel drgvh ml , Bt vhl ql ~~OWmqvbk~~, ikqy ññ Agsq ñöö nMhI bvbwbkw wphMygrUhir ikEn j I óú mvr c ñöö nMj qI j q smweysn[ienWsvFycvr mhlinAWivc, dKIAW svzSIAWAqydwAvqdrWnMKB smWiml igAwik mnmvnl krn[sMqWivAvki hogelAwI mMd sMqWnMvrgl wkyKB l vB aUvax l gy [isAwxisK dKI hogey rDwbhq pYigAwI sMqWdi Avqimk iqBqI nhINsl horhI[ij s dwij s nw my sI, as di hi isPq krdrDM dD q l Yj vdWsl AqyAvpxyAvp nMgUUnwk dl gdl dwmw k kihMwsl [AveIAWsmqWdn pdwrQ dYIAWsn, pr AvnM vrgl vsq ikxypw nhINsl[sMqWqWhx kihx hi l g peIAWsn ik ‘scwgrU ikDryAl p hobYwhY grUqg bhvdr j I, AMr ibBil hX krn, nwkel FMrwipt rhysn Aqynwhl ikxynMkihMysn, bhqwsMwcp hi rihMyl kel vvr GMl cVHbhr zrft inkl j Wlysn[mvqwnvnl j I, byygrUnMkihMyl sn, ik qSINhl Avpxl izMvvrI sM o sMqWWhnHyivc Btk rhIAWsn[mvqwj I nygrUAmrdvs dl smv dymKI qyivdvn Bvel dAwkwdvs j I nMAqy AMhAsr dyisdki isK Bvel gVHAwj I v- l p-qRwil K Bj IAW[Bvel gVHAwgruArj n dy j I smNis-K sjysn[grUhir gobM j I nyahnWdyisrV AqyisdK nMhK kybhq mw idqwsI[Bvel j I dw isK j gq ivc siqkr iemvsl ik kel vl anWdl AvKI mVdwnhINsl[Pl srB, bvw dAwkwdvs, idl I dl sMq nM nw l Ky pM pSynrIAL l Kypj geysn, klrqpr svhb, giedMvl svhb AqyAMhAsr qNBi sMqWAw geIAWsn[ññ Agsq ñöö nMbkwl yivc dlvm l gweAwigAw[sB sMqWj v bYIAWklrqpr qNBvbw svj ml j I dybyydlp cM qynM cM vl pj geysn[iesqNpihl yvbwdAwkvw j I nygrUqg bhvdr j I pws hQ j V kybqI klqI , “ qSINgrUho qhvMCP kynhINbYxwvIdw sMqWdeSn qNBgy ivAvki ho rhIAWhn[,” bvbwbFwj I dypqrybvwgridqwj I nyAgyvDkyiqI k l gweAwqysrI smgrI mhwy nM Bj klqI[sB nyKSI dyj KwryCf kyvDveIAwidqIAW BtwcVHeIAW dlvm hr rz sj x l gy Dlr ml ny grUqg bhvdr j I dl isDI ivrDqAwArM kr idqI Aqytkr l X dIAWiqAwIAWkrn l gw mhwy ny sMqWnMSWj rihx l el hkm klqw klrqn aprM Avp kQvvl krn l gy[(hr j wkwrl l el, ipMipl siqblr isM j I dl il KI ikqb “ieqI ij in krI” j lvnI grUqg bhvdr j I pVhinaUbik kMnl) grUl vDo ry Bvel mKx SvH, bvbwbkw wù Agsq ñöö nMbj w amWnw asdybyyl v cM, cMUL v AqyDrm pqnl sl j el sl[mKx SvH vfwvvrI sl[grUGr dwAMn pM, SrDvl Uisdki isK sl[svq dl bMrgv ny smv dwl idAwj hvz bhq kiSS krn dybwj dl BI itkwynhl, l g irhwsI, ryyivc Psi j wirhwsI, asnyekvgr icq j pjI dwpwI klqwqysmvqI aprM grUUnwk gdl dwiDavn krkyArdvs klqI [grUimhr sdkw bywbMyl gw ml vq ky bhq Dn kmweAwAqydsMD dl rkm idl I l Kypihl y gey aQnpqwl gx qy bvbwbkw yAvey[ieDr bvbwbkw yAwkydyKAw kel Dirml vrgyAqymsM vl bYy sn[mKx SvH ny sBnWAg, ydodomhrWrKIAW grUqg bhvdr j I nyPrmw klqw “svgr ivc j hvz AVn qyiPr pvr hX vj yj osMl p klqwsI Aqyj ogrUGr dwdsvWihshy ah svrydwsrwdyo:

ArudsD grUkohYj qw

Arpin drb krhuAib qyw

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??grUipAvirau! ki qhvMpqwhYik grUhir gobM svhb qNBwAd vl??

grUhir rwe svhb j I, grUhir ikEn svhb j I, grUqg bhvdr svhb j I, Ssqr DvrI rhyhn [

- o òòúú GV svrWdl P0 dl, AgvveI grUhir rwe svhb nyklrqpr svhb ivKyklqI, ikil AWdl isrj xwvl klqI sl[
- o AOMj p dyBj ygeyhml wr, grUhir rwe svhb j I dynYyFkx qopihl Whl kalrqI mvr dwiSkvr hoj Wlysn[ieh l gwqvr iqM vvr hieAw asqNBwAd kel BI hml wkrn dl ihMq nhINkr sikAwI ies pM, grUhir gobM svhb j I dwvr sl [
- o grUhir rwe svhb qNB ky LMrWivc ngwry vj vejy WlyAwrrhyhn[
- o sR grUhir ikEn svhb dynvl vl ngwrw GV svr, AMv yqk geysn[asqNBwAd mhwy ny Avp hi sBnMvrips j w dw hkm dyidqwsI [